

Title of report	Mental Health Strategy for adult residents of North West London		
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Purpose of the report Please tick and describe the requirement in the opposite column	Decision/Approval	<input checked="" type="checkbox"/>	
	Assurance	<input type="checkbox"/>	
	Info Only	<input type="checkbox"/>	
	Advice	<input type="checkbox"/>	
The Board/ Committee is asked to:	The Joint Health Overview & Scrutiny Committee is asked to: - Endorse the strategy for publication.		
Report history Committees/ meetings where this item has been considered	Name of Committee/ Board	Date of Meeting	Outcome
	ICS Leadership	15 March 2024	Endorsed
	Strategic Commissioning Committee	21 March 2024	Endorsed
	CNWL, WLT, CLCH Strategic Service Transformation Committee	28 June 2024	Endorsed
	ICB Executive	05 July 2024	Endorsed
	CNWL, WLT, CLCH Board in Common	16 July 2024	Endorsed
	ICB Board	16 July 2024	Endorsed
	ICP in Public	11 September 2024	Endorsed
Key messages	This paper outlines the development of the mental health strategy for adult residents of North West London (the strategy		

	<p>for children and young people is being developed from autumn 2024).</p> <p>The strategy has been developed by a working group drawing representation from local authorities and our providers, chaired by clinicians.</p> <p>It sets out ten ambitions (paragraph 5 below), supported by more detailed recommendations in the supporting slide pack.</p>
<p>Key risks and mitigations</p>	<p>Throughout the strategy there has been engagement with our residents along with socialisation with key partners to draw our conclusions and inform our ambitions for the future.</p> <p>This paper does not contain a request for confirming spend/budgets.</p>

Describe how this work supports delivery of the NW London Integrated Care System's objectives (in particular describe the impact on inequality with reference to **equality impact assessment**)

North West London ICS is committed to providing the people who use our mental health care services with high-quality care as close to home as possible, by strengthening alternatives to admission and shifting provision to a more community-based offer in line with national priorities.

A full inequalities analysis has been undertaken to support the strategy which includes demographic breakdowns and comparisons across boroughs.

What involvement and insights from residents and communities in NW London have informed this work?

The heart of our engagement process involved eight pivotal sessions that took place in various locations across each of the eight boroughs. These sessions held from late August to early October 2023, brought together a diverse range of residents and service users to share their experiences. Two online sessions (lunchtime and evening) open to all residents also took place.

These sessions were pivotal in opening a dialogue with our communities as individuals and families to help us understand the positive aspects of services as well as challenges they face in accessing and experiencing mental health services.

All Integrated Care Board papers are published, unless requested otherwise. If the paper is not suitable for publication, please confirm the reason for this below (Y= suitable, N = not suitable)

Commercial Confidentiality	N	
Patient Confidentiality	N	
Staff Confidentiality	N	
Other Exceptional Circumstances (please describe)		

Mental Health Strategy for adult residents of North West London

1. We have been developing the mental health strategy for residents of North West London in two stages – first, for adult residents of North West London, then the strategy for children and young people will be developed over the autumn. This paper covers the strategy for adult residents.
2. The strategy has been developed by a working group comprising representatives from Local Authorities, Borough-Based Partnerships, the VCSE, Service Users, ICS Programmes and ICB Core Teams. The working group was chaired by the medical director of CNWL's Jameson division and the ICB's GP mental health lead. Together, the working group has:
 - a. Reviewed and analysed data points from the Mental Health Joint Strategic Needs Assessment toolkit to demonstrate a shared understanding of need;
 - b. Reviewed the Joint Strategic Needs Assessments and Joint Health and Wellbeing Strategies developed for each of our boroughs;
 - c. Gathered insights from our regular outreach engagement programme, drop-in sessions in each borough and online focus groups. These have encouraged our residents to share their personal experiences and stories as well as their views on further improvements;
 - d. Collected views on areas of success, biggest challenges and current priorities, to inform the themes of this strategy. As we implement, we will continue to engage to ensure that services continue to support – and better support – all of our residents that use them.
3. We have conducted extensive engagement with residents in developing this strategy, with eight pivotal sessions across each of the eight boroughs. These sessions held from late August to early October 2023, brought together a diverse range of residents and service users to share their experiences. Two online sessions (lunchtime and evening) open to all residents also took place. The engagement report is available at <https://www.nwlondonicb.nhs.uk/get-involved/your-views-mental-health-services-nw-london>

A number of key themes were highlighted through engagement which included increasing residents' awareness of services and improving access to them, expanding community mental health offers, reducing waiting times for assessments, ensuring a tailored and inclusive approach to services as well better integration of services to avoid patients passing from one service to another.
4. The draft strategy has been tested with the mental health, learning disabilities and autism programme board, mental health trust chief executives, and various operational and clinical groups within our mental health trusts.
5. The strategy makes a number of recommendations which set the following ambitions for our adult mental health services:
 - a. Raised awareness across North West London so that every resident knows how to access mental health support both in crisis and more widely in the community.
 - b. Develop an assets-based approach to promoting mental health, wellbeing and independent living, partnering with and investing in local community organisations.

- c. Increased equity and equality of service access to reflect different needs of our local and diverse communities, with greater targeted support to those with severe mental illness.
- d. A consistent core offer for community and crisis care for adults, with a focus on severe mental illness, that also enables flexibility for local and diverse needs.
- e. Reduced variation and increased productivity in caseloads and staffing across community services.
- f. Improved staff recruitment and retention.
- g. Waiting times measuring in the top quartile in England.
- h. Integrated care between primary care and mental health teams to enable more person-centred care and a greater focus on adults with severe mental illness.
- i. High quality inpatient facilities that provide timely care, by an expert team in a therapeutic and compassionate environment.
- j. Worked together with our Local Authority partners to develop solutions to the housing and employment pathway challenges.

Work continues to develop the work programme and tracking against each of these areas.

6. The JHOSC will be aware that we have committed to publish the mental health strategy before making a decision on the future of mental health services in Westminster, Kensington and Chelsea (in particular the future of inpatient wards at the Gordon hospital) and in Ealing, Hammersmith and Fulham and Hounslow (in particular the future of the Hope and Horizon inpatient wards at St Bernard's Hospital).
7. The strategy has been endorsed by the North West London Integrated Care Partnership and approved by the Integrated Care Board. The NWL mental and community collaborative has agreed to take the lead on delivery of the strategy

The JHOSC is asked to:

- ***Note the strategy***